

CEREBRAL PALSY ASSOCIATIONS OF NYS  
**2010-2011 ANNUAL REPORT**



**Cerebral Palsy Associations  
of New York State**

*Real people. Realizing potential.*

# MISSION STATEMENT

The mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.

*The artwork on the FRONT COVER is an original piece of artwork by Arthur Thornhill, CP of NYS - Metro Services.*

*The BACK COVER features an original photograph taken by Jennifer Ramos, a resident at the CP of NYS ICF in Jamaica, Queens.*

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2010-2012

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*In the middle of difficulty, lies opportunity.*

**Albert Einstein**

Change is never easy. Back in the early 90's we called our Annual Conference the "Challenge of Change" and we focused on providing the tools necessary for our Affiliates to effectuate the changes that people with disabilities and our funding sources wanted and expected. In 1994, we were anticipating large cuts in Medicaid from the federal government and one of the key ways that government thought to save money was managed care. CP of NYS had, in 1994, a Medicaid Managed Care Project, funded by the Department of Health, to look at the possibility of people with developmental disabilities enrolling in managed care. The results of our project showed that managed care was not the most cost effective way to support the health care needs of people with developmental disabilities.

But today, government is back to discussing managed care and other changes which will transform our system. And change today is a bigger challenge than ever. Over the past year, the financial crises in New York State and the nation have impacted CP of NYS and our Affiliates' funding and many have had to streamline staff, programs and services to meet the new fiscal reality. And we do not anticipate the fiscal pressures to lessen in the foreseeable future. How then do we make sure that we adapt, change and truly recreate our operations to succeed in this new world?

The newly-elected Governor Cuomo presented a budget in January 2011 that contained large cuts to OPWDD services, caps on certain clinical services and no growth in education services. He convened a Medicaid Redesign Team which would cut \$2.5 billion out of the State Medicaid budget. Even with intense advocacy from families, individuals with developmental disabilities and our staff we were unsuccessful in having any of the cuts rescinded, so CP of NYS and our Affiliates prepared for the July 1, 2011 major cuts to programs.

Our day programs, clinics, residential programs and many other waiver programs were cut significantly, forcing us to make immediate changes and rethink how we might retool our systems to ensure people receive the services they need.

Our Metro Services reflect the types of adjustments that have been and will continue to be made in our Affiliates across the State. We have eliminated administrative staff and streamlined our payroll and finance functions, all while looking to ensure that our funding for the direct services that people receive and the staff who perform those services are kept whole.

Our Affiliates have sought efficiencies and we have encouraged them to look at opportunities for the consolidation of programs and services. We will work with them to put in place systems that will allow for increased efficiency in their support functions, giving them maximum dollars for the direct service programs. While there is no anticipated growth of programs, our Affiliates are ready to work with OPWDD to reduce the number of people who currently live in Developmental Centers across the state.

In addition to the fiscal pressures, New York State's services for people with developmental disabilities have received extremely bad press, where incidents have called into question the quality of the programs provided, the reporting of those incidents, the State's funding mechanism and levels of funding for OPWDD programs, and the use of public funds for executive compensation. Amidst this media scrutiny, the State has embarked on an aggressive timetable to obtain federal approval for a research and demonstration waiver (an 1115 Medicaid waiver) that would move all programs under a managed care payment approach, entirely new to our providers.

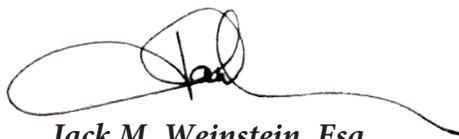


*Jack M. Weinstein, Esq.*  
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*Susan Constantino*  
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The concepts of this new system are still being formed, but it is clear that we will be embarking upon a new journey with new rules. We will learn the language and operating principles of managed care and we'll assimilate terms such as covered lives, utilization management, PACE-like and risk adjustment. As we have so many times in the past, CP of NYS and our Affiliates will accept the challenge of these changes and see them as an opportunity to ensure that the people and families we support receive the services they need in tight fiscal times.

This adaptation will not be easy. Our resilience has served us well in the past – the ability and commitment of our staff and our volunteers has been and will continue to be the constant that sees us through this latest change. We will rely upon them as we have done so many times in our history. It will be through their efforts and the collective support of the CP of NYS leadership that we forego organizational self-interest and move ahead with leaner structures to support the people who depend on us. We can be proud of our history and the ethics and values that are fundamental to the CP Affiliates. If we act together in a supportive, thoughtful way, we will ensure that we can continue to be proud of CP of NYS's continued success in fulfilling our collective mission.



*Jack M. Weinstein, Esq.*  
Board Chair



*Susan Constantino*  
President & CEO

The 2010-2011 legislative activities and advocacy were on-going throughout the year. The advocacy activities began in July and August 2010 with a Special Session of the Legislature to finish the 2010-2011 New York State Budget. Advocacy efforts continued throughout the fall with the Educate the Candidates Campaign and Congressional visits. Winter and Spring 2011 had Statewide Family Advocacy Days, the March Albany Lobby Day, and our ongoing advocacy campaign called Keep the Promise.

These advocacy activities were in response to what has been called the Great Recession and was part of the ongoing effort to make legislators aware of and secure their support for funding and services for people with disabilities and their families.

This ongoing advocacy has been successful in educating the Legislature, the Governor's staff and members of Congress on the programs and services for people with disabilities as well as their critical importance in the lives of consumers, family members and staff. Additionally, Keep the Promise was a favorite of people with disabilities and staff because it directly involved them in the democratic process and allowed them to advocate for themselves. Following is a brief synopsis of our key advocacy initiatives:



*Metro Services representatives with Assemblymember Michael Benedetto*

**Educate the Candidates Campaign** – In the fall of 2010, with the entire New York State Legislature up for election, CP of NYS recognized that the stakes were enormous. CP of NYS, together with the other DD organizations, launched the "Educate The Candidates Campaign," a statewide effort for families, self-advocates, staff and board members to tell the candidates about people with developmental disabilities, our needs and our priorities and to share our issues with legislative candidates before the election. CP of NYS provided Affiliates with Educate the Candidates education materials as part of the ongoing strategy to keep our issues, families and the people we support visible to policy makers and legislators.

**December Advocacy Campaign** – In December 2010, Governor-elect Andrew Cuomo was facing a projected \$9 to \$10 billion budget deficit in his 2011-2012 budget proposal, which was due to the Legislature by February 1<sup>st</sup>. CP of NYS recognized that in order to balance the budget, Governor-elect Cuomo's budget would have to include proposals to consolidate agencies and severely cut budgets. As a result, we organized an Advocacy Campaign to educate the Governor-elect, as well as the New York State Legislature, on the effect of further deep cuts and consolidation of OPWDD into another agency. CP of NYS, along with the other developmental disability associations, held a letter writing campaign in December to limit the size of additional cuts and allow OPWDD flexibility in implementing the cuts.

**Statewide Family Advocacy Day** – CP of NYS Affiliates joined their colleague agencies in February and March, for the third annual Statewide Family Advocacy day to urge the Legislature to protect people with disabilities. Members, staff and self-advocates met with their State representatives across New York State in an attempt to convince state leaders not to cut any more funds from OPWDD. Some CP of NYS Affiliates, in coordination with the other agencies

in their area, held the day at the CP Affiliate. Family Advocacy Days had a simple message for legislators: Please protect the systems and services in place for people with developmental disabilities.

**Keep the Promise** – After the success of our Inclusive Democracy In Action (IDIA) campaign last year, CP of NYS worked to bring people to Albany every day the legislators were in session to continue advocating for relief from the deep cuts to services for people with disabilities. CP of NYS, IAC, The Long Island Alliance and NY-SARC had agencies from across the state participating in Keep the Promise. Even after the budget cuts were agreed to by the Legislature, participants from CP of NYS Metro Services and Enable traveled to Albany to urge their legislators to “Keep the Promise.”

**Joint Albany Lobby Day** – CP of NYS held a joint Albany Lobby Day on March 1, 2011 with NYSARC, IAC and The Alliance of Long Island. As always, legislators and staff were receptive but the consistent response was that “there is no money.” This joint lobby day was an opportunity for CP of NYS to join with other associations to urge the Legislature to do the right thing and protect the most vulnerable New Yorkers. Both the Senate and the Assembly submitted one-House responses to the Governor’s budget proposal. In the end, the Legislature fully accepted the Governor’s OPWDD budget cuts and Mental Hygiene was the only area of the budget without any restorations.

**Federal Advocacy** – CP of NYS and its Affiliates have also been extremely active throughout the year on federal advocacy. Starting with the summer of 2010 and urging Congress to pass the Federal Medicaid Assistance Percentage (FMAP) extension, in the fall urging Congress to support Medicaid and New York’s Medicaid funded services for people with developmental disabilities, in the Spring and early summer urging Congress to vote no on the Ryan Budget

resolution with its huge Medicaid cuts, urging Congress to vote no on Medicaid block grants and to support the Affordable Care Act. CP of NYS and its Affiliates have also been working with their Congressional representatives to advocate on other issues of importance for people with developmental disabilities and their families.

## AUGUST 2010 SPECIAL SESSION & FINAL BUDGET

The final New York State 2010-11 budget, totaling \$135.6 billion, was passed in August, narrowly missing the record of the latest budget



*Representatives from CP of NYS at the Capitol*

in state history. Lawmakers had been passing the budget in pieces for several months, with the major components of the Health, Mental Hygiene and Medicaid budgets passing earlier in the year. The final budget included a 1.1% cut to all New York State funded programs and services. This cut, to make up for the shortfall in enhanced Federal Medicaid/FMAP payments, was in place to the end of the fiscal year on March 30, 2011. This was in addition to earlier cuts that had been made in OPWDD.

## 2011-12 SESSION & FINAL BUDGET

The New York State Budget passed with significant cuts that include:

### OPWDD

- A cut of \$167.7 million total savings (\$90 million state share) which equals 3.6%
- Approximately \$8-\$10+ million in additional OPWDD state aid-funded program cuts

### DOH

#### Medicaid Redesign Team Changes

- A 2% cut to Article 28 Diagnostic and Treatment Centers
- A \$2.4 million cut to Article 16 clinics using "Utilization Limits"
- Enteral Nutrition limits which require that only individuals who are tube fed and children would be eligible for Medicaid reimbursed enteral nutrition
- Limits on prescription footwear to children under 21

- Annual 20 visit limit on speech, OT and PT visits. People with developmental disabilities and children under the age of 21 are exempt from the limits.
- A 4% Medicaid global spending cap which gives the Commissioner of Health "superpower" provisions to impose utilization controls, provider cuts or other spending reductions on an administrative basis if the state Medicaid spending exceeds 4% in annual growth.

### Early Intervention

The final State Budget includes a 5% across-the-board cut to EI rates effective 4-1-11. This is a reduction from the Governor's proposal of a 10% reduction.

### Education

As a consequence of the fiscal restraint exercised in the State Budget, preschool and school-age education programs did not receive a trend factor in the calculation of 2011-2012 tuition rates. This is the third year of no trend for these programs.



*Representatives from Enable meet at the Capitol with State Senator David Valesky*

## SIGNIFICANT LEGISLATION SIGNED BY THE GOVERNOR

**Early Intervention & Special Education Corporate Practice** – Chapter 581 of the Laws of 2011 – S.5524 (Flanagan)/A.8282 (Glick) – Resolves the conflict that exists between New York’s corporate practice laws by allowing special education preschools, school-age and Early Intervention (EI) providers to continue in their existing corporate form, provided that they obtained a waiver under §6503-a. CP of NYS has advocated strongly with SED, the Legislature and the Administration for this resolution to the EI and SED corporate practice issue.

**TBI Exempt from Therapy Limits** – Chapter 220 of the Laws of 2011– S.5851 (Hannon)/A.8515 (Kellner) – Adds individuals with a Traumatic Brain Injury to those who are exempt from the 20 therapy limit in an Article 28 clinic. Individuals under the age of 21 and individuals with a developmental disability were already exempt from the therapy limit in the Medicaid Redesign Team proposal that was passed as part of the 2011-2012 NYS Budget. CP of NYS, with the Herculean efforts of Assemblymember Micah Kellner, Senator Kemp Hannon and others, was able to get this legislation introduced, obtained a Message of Necessity from the Governor and passed all in slightly more than 24 hours – a truly remarkable feat!

**Gold Alert for Missing Vulnerable Adults** – Chapter 222 of the Laws of 2011 – S.3293-B (DeFrancisco)/A.676-B (Magnarelli) – Creates the missing vulnerable adults clearinghouse/Gold Alert. Previously, there was the Amber Alert for missing and vul-

nerable children, but New York State did not have anything for missing vulnerable adults. With this new law, New York State joins several other states in protecting vulnerable adults with the creation of the missing vulnerable adults clearinghouse/Gold Alert. CP of NYS strongly supported this new law.

Additionally, the Governor signed the following three bills, which came out of the Assembly hearing on the New York Times articles on the abuse of people with developmental disabilities in state operated OPWDD residences.

**CQC Ombudsman** – Chapter 542 of the Laws of 2011 – A.8322 (Schroeder)/S.5792 (McDonald) – Designates the ombudsman as an employee of the Commission on Quality of Care and Advocacy for Persons with Disabilities rather than OPWDD.

**Reporting of Serious Crimes** – Chapter 558 of the Laws of 2011 – S.5795 (McDonald)/A.8325 (Ortiz) – Requires the reporting of serious crimes at mental hygiene facilities within 24 hours. The bill appears to be limited to State-operated programs.

**Notice of Abuse Investigations** – Chapter 88 of the Laws of 2011 – S.5793 (McDonald)/A.8324 (Ortiz) – Relates to providing notice of abuse investigations at mental hygiene agencies. The bill would continue an investigation even in the event that an individual under investigation for abuse resigns. The bill appears to be limited to State-operated programs.

## SIGNIFICANT LEGISLATION VETOED BY THE GOVERNOR

**Office of Medicaid Inspector General (OMIG) Reform** – S.3184-A (Little)/A.5686-A (Gottfried) – Veto #72 of 2011 – Ensures due process protections for providers and recipients of Medicaid who come under OMIG scrutiny. This legislation includes several provisions regarding OMIG’s audit and recovery practices, including sharply limiting recoveries

based on technical procedural and documentation defects and other similarly fair and pragmatic rules. CP of NYS strongly supported this proposal and will continue to work with the Governor’s office to address his concerns so that OMIG reforms may be enacted next session.

In order to ensure that the needs and desires of people with disabilities and the interests of our 24 Affiliates are represented before policies and regulations are changed or enacted, CP of NYS participates on statewide Advisory Councils and Task Forces. Staff members from CP of NYS and its Affiliates represent the organization and its constituents on various committees and advisory groups, as well as at public hearings, including the following:

**OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES (OPWDD)**

- Medicaid Redesign Task Force
- Medicaid Service Coordination Redesign Task Force
- Provider Associations Council
- Employment Training Internship Program Advisory Council
- Workforce Recruitment & Retention Work Group
- Medicaid and Medicare Maximization Group
- Real Choice Grant Committee
- Clinical Workforce Subcommittee
- Electronic ISP Subcommittee
- Quality Indicators Subcommittee
- Housing Subcommittee
- OPWDD APG Workgroup
- Provider Efficiency Work Group
- Fiscal Sustainability Design Team
- Cuomo Transition Committee on Health and Education
- 1115 Steering Committee

**NYS COMMISSION ON QUALITY OF CARE AND ADVOCACY FOR PERSONS WITH DISABILITIES**

- TRAIID Interagency Partnership for Assistive Technology Advisory Board

**DEPARTMENT OF HEALTH (DOH)**

- Early Intervention Coordinating Council (EICC) – Executive Committee
- Early Intervention Coordinating Council (EICC)
- EICC Development Group Task Force
- Early Intervention Reimbursement Advisory Panel
- DOH/OPWDD Clinical Services Provider Council
- AHCf Cost Report Work Group

**OTHER STATEWIDE ACTIVITIES**

Prepared and submitted proposal to SED for improvements to the tuition rate setting methodology that would result in reduced administrative burdens on providers, SED and DOB, and school districts and counties.



## CORPORATE COMPLIANCE CONFERENCE

More than 200 people attended the fourth annual Corporate Compliance Conference, co-sponsored by CP of NYS and NYSARC. It continues to be the only corporate compliance conference designed for providers of services to people with disabilities. The featured speakers at the conference were from the NYS Office of the Medicaid Inspector General and attorneys from firms specializing in health care issues. The presenters discussed effective compliance programs, Medicaid Recovery Audits, Contractors, and tips for surviving audits and investigations.

## ANNUAL CONFERENCE DRAWS MORE THAN 800

The 2010 CP of NYS Annual Conference began with an inspiring Keynote address by Sister Anne Bryan Smollin and ended with a thought-provoking presentation by award-winning photographer and filmmaker Courtney Bent. Over 800 people attended meetings and educational sessions at the three-day event.

The October Conference was held at the Desmond Hotel and Conference Center in Albany. Nationally-known and respected speakers from colleges and universities, non-profit organizations, government and the health care industry presented the latest information relating to education, health care, advocacy, government policy, Medicaid regulations, fundraising, advocacy and other topics.

Sister Anne addressed the importance of tending to one's own mental, physical and emotional health needs. She emphasized the need to take time to relieve stress and maintain health through laughter and social interaction.



*Kent McCloskey of Upstate CP accepts the 2010 Al Felmet Achievement Award*

At the CP of NYS Annual Awards Banquet more than a dozen organizations and individuals were honored for their contributions to people with disabilities. New York State Senator Frank Padavan was named Legislator of the Year. Upstate Cerebral Palsy's Kent McCloskey, who has cerebral palsy, received the prestigious Al Felmet Achievement Award in recognition of his achievements.

The next evening almost 600 people attended the Celebrate Staff Banquet to recognize 55 outstanding employees from the 24 CP of NYS Affiliates across the state.

Courtney Bent showed clips from her award-winning documentary film, *Shooting Beauty*, to tell her inspirational story as an aspiring fashion photographer whose career turned when she discovered the previously untapped talents of a group of individuals at a center for people with disabilities. Bent's efforts spawned a photography program called "Picture This" and became the backdrop for the film and her session at the Conference.

## TECHNICAL ASSISTANCE

CP of NYS provided technical assistance, information and direct assistance to Affiliates regarding program development, reimbursement and other critical issues. Some of the specific assistance provided over the past year included:

- Rate appeals (tuition, clinic, residential, day, EI and autism for SED, DOH, OPWDD)
- Changes to day program
- Residential program oversight and development
- Respite programs
- Medicaid Service Coordination
- Article 16 Clinic development and Certificates of Need
- Implementation of special OPWDD initiatives, such as the Health Care Enhancement
- Early Intervention
- New regulations and rate methodologies
- Assistive Technology
- Traumatic Brain Injury issues
- APG implementation and billing issues
- Fiscal and program audits and surveys
- Office of Medicaid Inspector General Audits and Surveys
- Required documentation and training for “Medicaid in Education”
- Approval of new and/or expansion of special education program models
- Re-configuring SED program models to eliminate the need for 1:1 aides

## CP of NYS STATEWIDE COMMITTEES

- Assistive Technology
- Corporate Compliance
- Development/Public Relations
- Education/Early Intervention
- Employment/Vocational/Day Services
- Finance
- Guardianship
- Health & Clinical Services
- Human Resources
- Information Technology
- Medical Directors Council
- Quality Assurance
- Residential Services
- Traumatic Brain Injury



## NYS ELKS ASSOCIATION AND CP OF NYS HOME SERVICE PROGRAM

Since 1966, the New York State Elks Association (NYSEA), through its Major Projects Corporation, has provided awareness and funding for the CP of NYS Home Service Program. Over the years the Elks have contributed more than \$20 million and countless hours of volunteer commitment all across the state.

Two statewide meetings held this year involving members of the Elks and staff from CP of NYS and its Affiliates, have strengthened relationships between the organizations. The meetings also generated ideas that have benefited both the Elks and Affiliates, and provided opportunities for people from both organizations to learn more about how to grow and improve this unique partnership.

Even at a time when membership is dwindling and the economy is slow, the Major Projects Corporation has managed to increase its commitment to CP of NYS. The Board voted to award grants totaling \$25,000 annually, a \$5,000 increase, to help CP of NYS Affiliates purchase vehicles to replace an aging fleet that covers thousands of miles of New York's roads and highways each year helping Home Service Directors deliver needed services to people with disabilities.

Lou Withiam has begun a three-year term as Chair of the Major Projects Committee. He works with Elks from around the state to raise more than \$500,000 each year in support of the CP of NYS Home Service Program. The program has decided to have two Ambassador families, instead of one to make it easier for the Elks Lodges across the state to meet families directly benefitting from the Home Service Program.



## ANNUAL ART EXHIBITION

For the second time in three years CP of NYS Affiliates collaborated with the Roosevelt Island Visual Art Association (RIVAA) to produce an exhibition of artwork by artists representing CP of NYS Affiliates from CP Westchester, Queens Centers for Progress, UCP of New York City and CP of NYS-Metro Services. More than 50 works of art created by four dozen artists were displayed by the Gallery RIVAA in June. New York State Assemblymember Micah Kellner assisted with arranging the first show in 2009 and strongly supported this year's collaboration. The same four Affiliates also displayed two dozen works of art at the Port Authority Terminal in Manhattan during the month of April.

CP of NYS's Metro Services offers a wide range of programs and services designed to support individuals with disabilities in leading more independent and productive lives. These include comprehensive health care services, community living services, adult day programs, vocational, and traumatic brain injury services, service coordination and family support services.

## COMMUNITY LIVING SERVICES

Three hundred and sixty-eight individuals live in 78 residences certified as Individual Residential Alternatives (IRAs) and 76 individuals live in six residences certified as Intermediate Care Facilities (ICFs). Included in these are four ICFs and one IRA that provide around the clock, on-site nursing services for 64 residents. There are also four people receiving At Home Res Hab services through Individualized Support Services (ISS) contracts.

## DAY SERVICES

Our Day Programs provide supports to over 400 individuals in inclusionary programs where people are integrally involved in their immediate communities, providing volunteer opportunities at community sites, and participating in community restoration and gardening projects. Metro Options for Independence, with

its cluster of Vocational Programs (ACCESS VR formerly VESID Services; SEMP; Enhanced SEMP; CBVH/DVE/ Job Placement, Community Habilitation and Day Hab Without Walls) provides work related services such as job placement, job site coaching and volunteer site training services, and vocational assessment service to approximately 145 people. While continuously support-



ing approximately 97 individuals on work sites through its various programs, the department has been able to develop 29 new paid work opportunities this year.

## HEALTH CARE CENTERS

### Article 28

Metro Services operates four full-time health care centers serving over 2,000 patients throughout the five boroughs.

In addition to primary care services, we provide specialty medical services including cardiology, gastroenterology, neurology, ophthalmology, physiatry, podiatry, audiology and psychiatry. Dental services are provided in Staten Island, Brooklyn and the Bronx. Our team of health care professionals include a part-time staff of 20 physicians, six dentists and two nurse practitioners. Our network also provides physical, occupational and speech therapy, counseling and psychological services. We have also partnered with Fidelis Care of New York to provide health care services to all individuals in their network. We are now a Health Plus provider at our Staten Island location and in the near future will be added to the Metro Plus Network.

### Article 16

Currently, 219 individuals receive services through our Article 16 Clinic. The services we provide include long-term therapy in the areas of physical, occupational and speech therapy. Through our Article 16, we also provide counseling and psychological services.

## HEALTH MANAGEMENT PROJECTS

The Agency initiated a planning project to acquire and implement an Electronic Health Record (EHR) system to operate in the Article 16 Clinics and Article 28 Diagnostic & Treatment Centers. The New York Community Trust provided a grant of \$100,000 to support the hir-



ing of a Health Information Technology Manager (with a possibility for a second year) and a \$50,000

legislative grant was sponsored by Senator Thomas Duane to acquire equipment to operate the EHR system. CP of NYS joined the NYC Department of Health and Mental Health's Primary Care Information Project (PCIP) which provided technical assistance and subsidized primary care provider licenses. The PCIP membership includes membership in the NYC REACH project which is one of the federally designated Health Information Technology regional outreach centers. The membership supports the process of obtaining "Meaningful Use" and becoming designated as a Patient Centered Medical Home by the National Committee on Quality Assurance. ClinicalWorks was chosen as our EHR system and operations went "live" in June, and all Article 16 and Article 28 medical records are now electronic. The Agency has also initiated a project to have its Article 28 Diagnostic and Treatment Centers become Federally Qualified Health Centers (FQHCs).

## COMMUNITY AFFAIRS AND VOLUNTEER SERVICES

Through a collaborative effort with other service providers, individuals living on Staten Island engaged in a Health Advocacy Program (HAP). Participants within the HAP receive guidance and support in following a healthy lifestyle curriculum developed by a team of research scientists at the Institute of Basic Research. A second phase is being designed to increase employee participation and emphasize Workforce Wellness.

The MORE Project continued creating opportunities for independence by assisting two women in realizing their dream of leaving residences with 24-hour supervision in order to live in an apartment on their own.

In April 2011 Metro Services was awarded a \$300,000 three year contract by the MTA to provide travel training to qualified access-a-ride customers in the five boroughs of New York City.

Advocacy activities planned and coordinated with our affiliates, councils and coalitions took place throughout the five boroughs this past year with the participation of individuals receiving services, staff and families.

In July 2010, volunteers from Catholic colleges all over the US were invited to NYC for the National Jesuit Leadership Conference. Because of Metro's longstanding collaboration with Fordham University, which hosted the conference, a large group of these students performed service projects in the Bronx residential program and at the Jerome Belson Center.

Volunteers from New York City College of Technology organized fundraisers at the Central Office and at the College to benefit the art program.

Volunteers continue to be a vital part of the art program. Many volunteers provided support in researching galleries for shows, mentoring artists while they create their artwork and assisting with set-up of the show at RIVAA. A generous donation for photography equipment for the Photo Club was made by a volunteer.

The volunteer program accounted for approximately 19,000 hours of volunteer time being provided between July 2010 and June 2011.

## COMMUNITY SUPPORT SERVICES & SERVICE COORDINATION

Eight participants were enrolled in the after school program at Hungerford School on Staten Island.

Metro Services provides Medicaid Service Coordination (MSC) to 380 individuals. A total of 285 individuals live in IRAs operated by CP of NYS and 131 individuals live with their families in IRAs operated by other agencies or on their own. Over the past year an additional 10 individuals were enrolled in MSC. In June, CP of NYS made a decision to no longer provide services to participants in the TBI Waiver and transitioned them to other providers.

## QUALITY MANAGEMENT REVIEWS

During the course of the year 45 full internal Quality Management (QM) surveys and 27 follow-up QM surveys were completed. Within the past 22 months all residences have received full internal QM surveys with 75% receiving an additional follow-up review.

## STAFF DEVELOPMENT AND TRAINING

Our partnership with CUNY and the John F. Kennedy, Jr. Institute for Worker Education continues. The Kennedy Fellows Scholarship and Career Mentoring Program supports the higher education and career advancement of direct support workers and frontline supervisors. Two direct care counselors from the Brooklyn Community Living Services program became Kennedy Fellows and were each awarded a \$1,000 scholarship. Over 190 new employees were trained to fill Direct Care Counselor vacancies this year.

### Training Grants - Work Safe Program

The Work Safe Training Program for Direct Care Counselors funded by the Department of Labor, Occupational Safety and Health Training and Education is now in its third year having recently been awarded an additional \$14,840 to continue the training. Approximately 145 direct care counselors in the Queens and Brooklyn programs received six hours of training. This year's funding enables us to provide training to direct care counselors in the Manhattan and Bronx programs.

### New Training Initiatives

The Department is moving forward with utilizing "GoToTraining" for online participation for training sessions. The system has the capacity to store training in its library for use at other times permitting all shifts to access training content at any time.

Members of the Training Department were selected to participate in the New York State Direct Support Professional Talent Development Work Group. The first priority of this Work Group is to develop a standardized set of competencies for direct support staff statewide.



## DEVELOPMENT

The new facility under construction on Boston Road in the Bronx will be home to the Metro Community Health Center Article 28 Diagnostic and Treatment Center (D&TC) and the West Farms Center which will house day habilitation, Article 16 Clinic and supported employment programs, the Bronx Community Living Program and support staff offices. The construction is on schedule with occupancy anticipated in November 2011.

OPWDD funded a “Waiver Respite” proposal to develop an after-school exercise and sports program for students with disabilities attending the Robert Murrow High School in Brooklyn. The agency has teamed up with BlazeSports, an international sports and Paralympics organization based in Atlanta, GA for technical assistance and support.

## ENERGY CONSERVATION

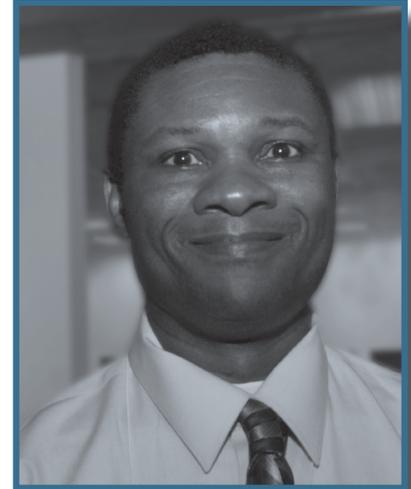
The NYSERDA “New York Energy Smart” New Construction program award of \$26,400 is partially paying for the features of the Boston Road facility to be registered for LEED CI Silver certification.

Weatherization improvements for six residences through the NYS Division of Housing & Weatherization Assistance Community Renewal Program are being implemented.



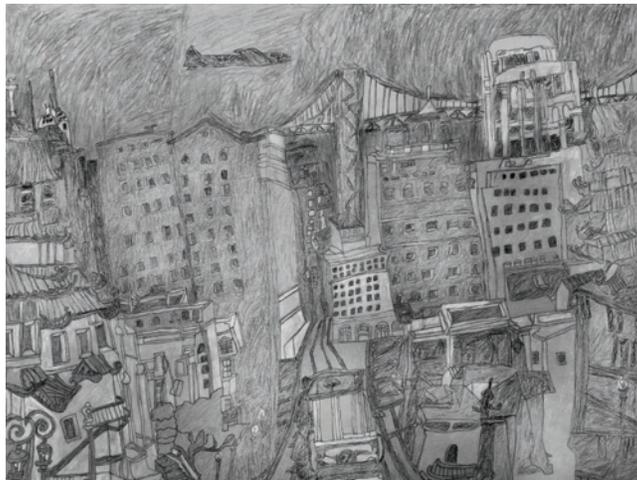
## Meet Lloyd Rainford

Lloyd Rainford is a very talented artist and photographer who lives on the upper west side of Manhattan with four other men in an apartment operated by CP of NYS.



He has been drawing all his life and became a photographer six years ago through the CP of NYS photo club. He enjoys using colored pencils to reinterpret pictures he sees in magazines. His favorite subject matter includes sailing ships, animals, super heroes and street scenes. Lloyd has had his artwork and photographs displayed at the annual Progressive Visions Art Show sponsored by CP of NYS Metro Services, the Port Authority Terminal in Manhattan and the Gallery RIVAA on Roosevelt Island.

Lloyd enjoys cooking and his specialty is West Indian food. His roommates look forward to his special dishes each week. Lloyd has also been involved in Special Olympics for more than a decade, participating in Basketball, Bowling and Track & Field.



**CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE**  
**STATEMENTS OF SUPPORT, REVENUE AND EXPENSES**  
**FOR THE YEARS ENDED JUNE 30, 2011 AND 2010**  
(In Thousands)

	<u>6/30/11</u>	<u>6/30/10</u>
<b>SUPPORT AND REVENUE</b>		
<b>Support from public:</b>		
Contributions		
NYS Elks Association Major Projects, Inc.	\$ 439	\$ 434
<b>Total Support</b>	<u>\$ 439</u>	<u>\$ 434</u>
<b>Government Fees/Grants for Program Services:</b>		
Medicaid Fees	\$ 105,383	\$ 105,153
Grants/Fees: Education, Training and Direct Consumer Services	724	\$ 781
<b>Total Grants and Fees</b>	<u>\$ 106,107</u>	<u>\$ 105,934</u>
<b>Other:</b>		
Affiliate Support	\$ 719	\$ 692
Other Revenues	3,674	3,475
<b>Total Other</b>	<u>\$ 4,393</u>	<u>\$ 4,167</u>
<b>TOTAL SUPPORT AND REVENUE</b>	<u>\$ 110,939</u>	<u>\$ 110,535</u>
<b>EXPENSES</b>		
<b>Program Services</b>		
Day Services	\$ 14,495	\$ 14,736
Residential Services	78,077	76,894
Clinic	6,388	5,623
NYS Elks Association Major Projects, Inc.	439	434
Affiliate Clinics	1,058	1,133
Affiliate Services and Conference	1,850	1,528
Transportation	<u>\$ 301</u>	<u>\$ 361</u>
<b>Total Program Services</b>	<u>\$ 102,608</u>	<u>\$ 100,709</u>
Administrative/Supporting Services	<u>\$ 6,576</u>	<u>\$ 7,118</u>
<b>TOTAL EXPENSES</b>	<u>\$ 109,184</u>	<u>\$ 107,827</u>
<b>EXCESS (DEFICIENCY) OF SUPPORT AND REVENUE OVER EXPENSES</b>	<u>\$ 1,755</u>	<u>\$ 2,708</u>

\* Copies of complete audited financial statements are available upon request from CP of NYS, 330 West 34<sup>th</sup> Street, New York, NY 10001.



## **CEREBRAL PALSY ASSOCIATIONS OF NYS**

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